

# Hope's Happenings

VOLUME 1, ISSUE 6

FRIDAY, SEPT. 23

## CALENDAR

**Sept. 25** 4th-8th  
Grade choir sings at  
11:00 am service

**Sept. 30**  
**Accreditation**  
**Day—12:45**  
**Dismissal**

**Oct 5-7** **No**  
**School—** Lutheran  
Teacher Conference

**Oct 7-14** Book Fair

**Oct. 14**  
Grandparents' Day—  
**Dismiss at Noon**

**Oct. 16** 4th-8th  
Grade choir sings at  
8:00 am

**Oct. 18** Parent  
Observation Day

**Oct. 19** School  
Pictures

**Oct. 21** End of 1st  
Quarter—**12:45**  
**Dismissal**

Skating Party from 5-7  
pm at SkateCity

## Principal's Message

**Staying Charged Up Let the people  
renew their strength. Isaiah 41:1**



The age we live in has been described as the age of the to-do list that can't be done. Facing overwhelming demands, it's hard to give ourselves permission to rest or take a break. But the rewards—renewed perspective, clearer insight, physical energy, spiritual preparedness—are well worth it.

Before automatic headlight controls were installed in modern cars, it was easy to park a car and leave the headlights on. Perhaps we were in a hurry or it was light enough that we forgot we had turned the lights on. If we were gone for very long we returned to find the car battery dead. To get the car running again, the battery had to be recharged. Just like a car battery, our own supply of energy is not infinite.

We must replenish it frequently with **sleep, rest, food and relaxation**. Our busy nonstop days can be draining for both parents and students. Operating at top speed, we utilize all available emotional, physical, mental, and spiritual resources. Before we know it, our energy is consumed. Unless we pay careful attention, we will drain our “battery” to the point of feeling “dead on our feet”.

Being fatigued can cause our perception to be distorted and our responses to others to be negative. Furthermore, if we fail to do something about it, over time it can result in physical or emotional illness. If we allow the good in our lives to get weak—or our “**light**” to grow dim—the evil will surely gather strength and struggle desperately to overtake us.

You are wise to take a short breaks during the day—and to turn off your lights when you go to bed at night! Living this way will help you to maintain your energy supply and enable you to be more productive and content.

As you and your family enter the weekend we pray that you will be able to replenish your “batteries” and be able to come back Monday ready to start the second half of the quarter.

Extract from “Coffee Break With God” by David C Cook.



For by grace you  
have been saved  
through faith. And  
this is not your  
own doing; it is the  
gift of God, not a  
result of works, so  
that no one may  
boast.”  
Ephesians 2:8

## **LUNCH MENU**

**Monday:** Popcorn Chicken, Potato Smiles, Green Beans, California Veggies, Oranges

**Tuesday:** Chicken Zoo Animals, Mashed Potatoes w/Gravy, Broccoli, Carrots, Roll, Fruit

**Wednesday:** Chicken Teriyaki Bites, Asian Rice, Asian Vegetables, Cherry Tomato/  
Celery, Fruit

**Thursday:** Hot Dog & Bun, Hot Pretzel, Salad, Baked Beans, 100% Fruit Cup

**Friday:** Mini Pancakes, Sausage, Tri-Tater, Carrots, Grapes

\*Menu may vary

*Alternate Meal:* Yogurt, Cheese Stick, Graham Crackers and regular lunch fruit / veggie

## School News

### **GRANDPARENTS' DAY DONATION AND HELPER FORM—**

We need help setting up for the event on Thursday, October 13th in both the afternoon and evening and food service and clean-up on Friday, October 14th. **Please return this form by Monday, September 26th.** If you have any questions, please contact Kenda Johnson at [johnsonchitwoodfam@gmail.com](mailto:johnsonchitwoodfam@gmail.com) or call/text 913-230-3343.

**GRANDPARENTS' DAY STATION SHEETS—** **Please return the form to the school office by Monday, September 26th.** If your family does not turn one in the beginning station will be assigned for your family. Additional forms are available in the school office.

**NEW GRANDPARENTS' DAY INVITATIONS—** Do you still need to invite someone for Grandparents' Day? If you were unable to get your form turned in, extra invitations and RSVP cards are available in the school office. You are welcome to pick one up to mail to anyone you may have missed.

**NEW MID-TERM GRADES—** are being sent home today via email for students in Grades 3-8.

**NEW NO OCTOBER ALL PRO DAD'S BREAKFAST—** There will not be an October breakfast since we do not have school on Friday, October 7th. Please plan on joining us on November 4th.

**NEW SCHOLASTIC BOOK FAIR COMING SOON! -** The Book Fair will be here soon. Please check out our book fair website. Our website with hours and online ordering options is <http://www.scholastic.com/bf/hopelutheran>. The book fair will be open from Sunday, October 9th thru Friday, October 14th. There will be a sneak peek on Tuesday October 4th from 3:15-4:30 pm for those who don't want to wait!

**NEW AFTER SCHOOL DISMISSAL/PICK UP -** We ask that you do not park or leave your car in the circle drive-through. If your child is not out of the building please circle around so the cars behind you can go through the circle. Thank you for helping us keep the pick up line moving.

**SPIRIT WEAR ORDER FORMS—**were sent home in last Friday's folders. Orders are due by **Monday, October 10th.** Items will be handed out to the children in their classrooms when they come in. If you would like your order to be a present, please make note of that on the order form so that we don't give it to the child. Additional forms are available in the school office. If you have questions, please contact Carla Fratzel at 913-302-5984 or [carla.fratzel@gmail.com](mailto:carla.fratzel@gmail.com).



**NEW ACCREDITATION DAY ON SEPTEMBER 30TH**— Next Friday, September 30th we will dismiss at 12:45 pm so that the teachers can work on preparing for our accreditation visit in the spring. The kindergarten thru 3rd grade students will have lunch before dismissal. 4th-8th grade will NOT have lunch unless they are staying in after school care for the afternoon. After school care will be offered from 12:45-6:00 pm. Charges will not be applied until 3:35 pm.

**SAVE THE DATE—BATES BBQ FUNDRAISER**— Enjoy Bates City BBQ (just across the street from Hope at 6493 Quivira) on October 14th & 15th, from 11:00 am to 9:00 pm. Owner Tom Roberts will donate 10% of all proceeds from these 2 days to support the 8th grade class as they raise money for their trip to Washington D.C. in April. Stop by for lunch after Grandparents' Day or just take a break from cooking. You can dine in or carry out. Thanks for your support!

**MATH CLUB**— Math Club is open to all children in 4th-8th grade. Math Club will meet once a week to prepare for a few competitions throughout the year. The first one will be October 20th at St. Paul Lutheran School in St. Joseph, MO. **If you have not turned in the form yet, please do so by Wednesday, September 28th.**

## PTL and Auction News



**NEW DISNEY RAFFLE**— Raffle tickets for the \$5,000 Disney vacation were sent home this week. Tickets are \$10 each or 11 for \$100. If you wish to not sell raffle tickets, please return the tickets so we can pass them along to another family. When you sell all the tickets that you received and would like more, just stop by the office and pick up some more. Our goal is to sell all 2,500 tickets! Remember to turn in your ticket stubs and money as you sell the tickets so we can keep track and know which family & grade(s) to credit the sales to. **Please also remember to write your last name and grade on the back of the ticket stub.** The rules for the raffle were also sent home. Family raffle sale incentives (prizes) will be sent home in the Friday folders. If you have any questions you can contact Nicole Cameron, Danya Johnson or Suzee Dittberner.

**NEW PAHS AUCTION DONATION DEADLINE**— The auction is quickly approaching and is set for Saturday, November 5th at Lutheran High School. The auction is Hope's main fundraiser and funds our Art, Spanish & Computer programs. **Please have your donations and forms turned into the school office no later than October 10th.** Donations forms can be picked up outside the school office. If you have any questions please contact Nicole Cameron at [nicolecmrn@gmail.com](mailto:nicolecmrn@gmail.com).

**Note to Room Moms**— please submit your classroom project ideas as soon as possible. Please fill out your forms with description no later than October 10th.

## Bible Verse for School Year 2016-2017

<sup>10</sup>so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,"

I Colossians 1:10

# Sports & Booster Club



**NEW 8TH GRADE VOLLEYBALL & SOCCER RECOGNITION**—We will be recognizing our 8th grade volleyball and soccer players and their parents on Friday, September 30th. We will do the recognition before the 8th grade girls' volleyball game at 6:45 pm. All 8th grade parents and players should be in the Family Life Center by 6:15pm. Come cheer on Hope's volleyball teams and recognize our 8th graders and their parents.

**NEW VOLLEYBALL & SOCCER PICTURES**— will be taken on Thursday, October 13th starting at 3:35 pm in the FLC. All athletes need to wear their uniforms. Picture order forms will be sent home next week.

**BASKETBALL INTENT FORM**— An "intent to play basketball" form is being sent home today in the Friday folders for students in 4th-8th grade. **Please return the completed form to the school office no later than Wednesday, September 28th.**

**WEEKLY 1<sup>ST</sup> QUARTER CHAPEL** - Our first quarter chapel will be for the "Children of the Light." There are 12 children currently enrolled in this program in Zacapa, Guatemala. We want to raise \$500 which will provide the financial needs for one child for two years. **So far the dayschool and preschool have contributed \$191.97. Can we reach our goal?**



# Choir & Band News

**4TH-8TH GRADE CHOIR**— will sing at the 11:00 am service on Sunday, September 25th. Students will meet in the Luther room at 10:45 am to warm-up. If you cannot attend, please let Mrs. Rhodes know at [rhodes@hopelutheran.org](mailto:rhodes@hopelutheran.org).

# Alumni News

**ALUMNI NEWS BOARD**— We have a dedicated Alumni Board in one of the school hallways. We are looking to continue to share what our alumni have accomplished after they graduate from Hope. Please bring in any announcements so we can share them and a picture to go with it. For example, weddings, births, accomplishments, newspaper clippings, etc. We want to fill the board up with NEWS. Please turn in your announcements to Mrs. Kathy Pluff in the preschool office or the school office.



## Devotion Thoughts—School Board



### “Self Control”

For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline. 2 Timothy 1:7



Wikipedia describes ~ “**Self-control**”, an aspect of inhibitory control, is the ability to control one's emotions and behavior in the face of temptations and impulses.

Galatians 5:22-23 states “**Self-control**” is a promised fruit of the Holy Spirit. Every Christian can draw on this gift of the Spirit in times when self-control is clearly tested.

**Stretch your faith-filled parenting:** Discuss self-control with your child. What does it mean to you? How does a parent model self-control? Ask why self-control is an important gift from the Holy Spirit.

## Community & Church News

**NEW GUATEMALA MISSION TRIP PRESENTATION**— The Guatemala MOST ministry team will be sharing about their trip on Sunday, September 25th at 9:30 am in Concord Hall. Come and enjoy some Guatemalan coffee and learn about our Eyeglass Clinic.

### Women’s Bible Studies at Hope Lutheran Church

#### **Eve Circle**

Eve Circle is a young woman's LWML circle. We meet monthly for bible study and fellowship. We're getting ready to start back up again for the year and would love to have you join us! Our next meeting will be Monday, September 26th at 6:30 pm. This year we've decided to meet at each others houses and will be using Soul Spa as our bible study.

If you'd like to join us or learn more, please contact Amanda Williams at [amandak116@hotmail.com](mailto:amandak116@hotmail.com).

#### **Miriam Circle**

Miriam Circle is a group of moms and children that meet on the 2nd and 4th Friday of the month for bible study and fellowship. While the mom's chat and study God's Word any children in attendance play with each other and enjoy each others company. We meet at the Haverkamp house (about 2 mile from Hope) and are currently studying the book of Ruth. We'd love to have new moms join us.

If you'd like directions or want more information, please contact Laura Haverkamp at [laura@haverkamp.us](mailto:laura@haverkamp.us).



## Sports Calendar

### September 23rd Volleyball

- 4th-6th Grade vs Christ 5/6 at 7:45 pm  
@ Messiah
- 8th Grade vs Christ 7/8 at 8:30 pm  
@ Messiah
- 8th Grade vs Messiah 7/8 at 9:15 pm  
@ Messiah
- 7th Grade vs MLA 7/8 at 6:45 pm  
@ St. Paul, St. Joe, MO

### September 24th Volleyball

- 4th-6th Grade vs Timothy 5/6 at 9:00 am  
@ Timothy
- 8th Grade vs Timothy 7/8 at 9:45 am  
@ Timothy
- 4th-6th Grade vs MLA 5/6 @ 10:30 am  
@ Timothy
- 8th Grade vs MLA 7/8 @ 11:15 am  
@ Timothy

### September 24th Soccer

Hope vs Bethany @ 11:30 am at Lu Hi

## DRESS CODE

All 4th-8th grade students are required to have PE uniforms. Third grade students are asked to purchase a PE shirt or wear a Hope spirit wear shirt for PE. A number of spirit wear shirts are available in the used uniform store.

### There are NEW DRESS CODE changes—

- ◆ Added TAN, NAVY BLUE, RED socks (boys & girls) and TAN, RED, NAVY BLUE tights (girls)
- ◆ Added white cardigans for girls
- ◆ Added black slacks, capris, shorts, skorts, skirts
- ◆ New policy—Skirts, skorts, jumpers and shorts MUST be ‘four adult fingers placed horizontally above the knee’

## Weekly News

**TRASH BAGS FOR SALE**— The 8th grade class is selling trash bags as an ongoing fundraiser for their Washington, D.C. trip in April. There are three sizes available (tall kitchen, medium and large ). The kitchen bags are white; the medium bags come in your choice of yellow, orange or pink; and the large bags are available in black. These are very sturdy bags and are available for \$10.00 a roll in the school office or contact an 8th grader. If you want a specific size or color please contact Tracey Richardson at [TSRichardson@fastmail.com](mailto:TSRichardson@fastmail.com)

**SAVE MONEY ON GROCERIES**— HyVee & Price Chopper coupon books are being sold by the 8th grade class to fund their class trip. The books cost \$5.00 each and can be purchased from any eighth grader or by stopping by the school office. Each book sold raises \$4.00 for the trip so it is a significant part of the fundraising campaign. Each book contains a \$5.00 coupon off of a purchase of \$50.00 or more and many miscellaneous in-store coupons. Thank you for your support!

**UPDATED MOMS IN PRAYER** - The Moms In Prayer group will meet on Wednesday for the rest of September (Sept. 28th) in order to assist with field trip transportation. Please join us as we pray scripture over the students and pray for the school. We will resume meeting on Thursdays in October.

## Website News

**HOPE LUTHERAN SCHOOL WEBSITE**— Check out the new Hope Lutheran School website at [www.hopeschoolkc.org](http://www.hopeschoolkc.org). Each teacher has a webpage thru which they will be communicating with families—you will find newsletters, calendars, upcoming events, etc.