## Kansas City Lutheran Athletic League <br> 8 on 8 Boys' Soccer

Our league plays under the National Federation High School Association rules and guidelines. www.nfhs.org.

We maintain that good Christian sportsmanship is stressed during all games by players, coaches and parents. Home team leads the prayer before each game.
The following rules and guidelines have been added by the Athletic Directors:

## 5th - 8th Grade Division

* 2 Twenty-Five minute halves are played with a 5 minute halftime.
* A number 5 size soccer ball is used.
* The KCLAL determines the field(s) to be used and also handles the hiring and payment of officials. School participating in soccer may be charged a fee (if necessary) to help cover these payments. Gate fees are not collected at soccer games.
* A regular season game cannot end in a tie. With ties at the end of regulation games, a shootout should be used to break the tie. The 5 shooters are picked from the players on the field at the end of regulation. If the game is still not decided after the 5th player, the game goes into sudden death. Each team may choose any other player on the field to kick. This will continue until everyone has kicked at least once (then it will start over from the 1 st kicker and in order from the previous round) or until a winner is decided.
* There are no time-outs in soccer.
* Eight players are needed for an official soccer match. The KCLAL can make exceptions to this rule. A game may begin and be played with less than 8 players for any one team on a given game day.
* All players must have matching uniforms (shirt/shorts) with numbers on the jersey.

Socks worn must cover the shin guards. Cleats must be designed for soccer, no metal cleats.

* Socks must be the following solid colors: Bethany - black, Calvary - royal blue, Hope - red, MLA - purple, Timothy - white, Trinity - yellow
* A coin-flip by the referee before the game will determine who gets possession of the ball or choice of field direction.
* Substitutions will be allowed on your team's throw-in or either team's goal kick or when a goal is scored. No substitutions can be made on corner kicks.
* A Yellow-card can be issued on a hard foul or use of foul language or unsportsmanlike conduct. The referee has the option of automatically issuing a Red-card if warranted. You must substitute a player if they receive a Yellow-card.
* Two Yellow-cards in one game equals a Red-card. Any player or coach receiving a Red-card is ejected from the game and must leave the premises. If a player receives the Red-card, that team does not replace that spot on the field with another player. That team must play short one player for the rest of the game. A player or coach receiving a Red-card also will not be able to play in their next scheduled league game. All Red-card offenses should be reported to the KCLAL board for review.


## KCLAL Tournament Play

* Same rules apply from league play with the exception that a tie game will go to a 10-minute overtime extension (two - 5 minute halves, switch sides at half). If the game is still tied after sudden death there will be a 5- player shootout. The shootout will be done by 5 players that are on the field at the end of the overtime. Players will alternate with the opposing team until all 10 kicks have been taken. If the game is still not decided after the 5th player, the game goes into sudden death. Each team may choose any other player on the field to kick. This will continue until everyone has kicked at least once (then it will start over from the 1st kicker and in order from the previous round) or until a winner is decided.

